

The Hertford County Office of Aging Activity Calendar

November 2015

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:00 AM Aerobics (W) 9:00 Sewing (W) 9:30 Bingo (A) (M) 1:30-3 Jewelry Des (W) 5:15 Line Dancing (W)	3 9:00 AM Aerobics (W) 9:00 Sewing (W) 9:30 Bingo (A) (M) 9:30 Line Dancing (M) 5:15 Line Dancing (W)	4 9:00 AM Aerobics (W) 9:30 Bingo (A) (M) 1:00 Medicare Offsite Counseling 5:15 Line Dancing (W)	5 9:00 AM Aerobics (W) 9:30 Bingo (A) (M) 9:30 Painting (M) 10:30 Bingo (W) 5:15 Line Dancing (W)	6 8:30 Senior Breakfast Club 9:00 Morning Quilting (W) 9:00 Computer Class 9:30 Bingo (A) (M) 1:00 Afternoon Quilting
9 9:00 AM Aerobics (W) 9:00 Sewing (W) 9:30 Bingo (A) (M) 1:30-3 Jewelry Des (W) 5:15 Line Dancing (W)	10 9:00 AM Aerobics (W) 9:00 Sewing (W) 9:30 Bingo (A) (M) 9:30 Line Dancing (M) 10:00 Medicare Offsite Counseling 5:15 Line Dancing (W)	11 Hertford County Office of Aging, Senior Center & Nutrition Sites Closed for Veterans' Day	12 9:00 AM Aerobics (W) 9:30 Bingo (A) (M) 9:30 Painting (M) 10:30 Bingo (W) 10:30 General Transportaton 5:15 Line Dancing (W) 5:30 Grandparents RG W	13 9:00 Computer Class (W) 9:00 Morning Quilting (W) 9:30 Bingo (A) (M) 10:00 Elder Fair (RCCC) 11:00 Medicare Mania (RCCC) 1:00 Afternoon Quilting (W)
16 9:00 AM Aerobics (W) 9:00 Sewing (W) 1:00 Movie Day (W) 1:30-3 Jewelry Des W 5:15 Line Dancing (W)	17 9:00 AM Aerobics (W) 9:00 Sewing (W) 9:30 Line Dancing (M) 5:15 Line Dancing (W)	18 8:00 Christmas Shopping Trip 9:00 AM Aerobics (W) 9:30 Bingo (A) (M) Open Ping-Pong 1-3 (W) 5:15 Line Dancing (W)	19 9:00 AM Aerobics (W) 9:30 Painting (M) 10:30 Health Screenings (W) 11:00 HCCP Meeting 5:15 Line Dancing (W)	20 9:00 Computer Class (W) 9:00 Morning Quilting (W) 1:00 Afternoon Quilting (W)
23 9:00 AM Aerobics (W) 9:00 Sewing (W) 9:30 Bingo (A) (M) 1:30-3 Jewelry Des (W) 5:15 Line Dancing (W)	24 9:00 AM Aerobics (W) 9:00 Sewing (W) 9:30 Bingo (A) (M) 5:15 Line Dancing (W)	25 9:00 AM Aerobics (W) 9:30 Craft Class (AHS Apts.) 9:30 Bingo (A) (M) Open Ping-Pong 1-3 (W) 5:15 Line Dancing (W)	26 Hertford County Office of Aging Senior Center & Nutrition Sites Closed for Thanksgiving	27 Hertford County Office of Aging Senior Center & Nutrition Sites Closed for Thanksgiving
30 9:00 AM Aerobics (W) 9:00 Sewing (W) 9:30 Bingo (A) (M) 1:30-3 Jewelry Des (W) 5:15 Line Dancing (W)	DON'T FORGET! Fitness Equipment Avail 8:30-5:00 Winton 9:30-1:30 Ahoskie 9:30-1:30 Murfreesboro Computer Lab (Winton)_ M-TH 8:30-5:00 pm Friday 1-5pm			

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