

Hertford County Highlights

Quarterly Newsletter
ISSUE 02 OCTOBER 2011



FIRE PREVENTION WEEK IS OCTOBER 9TH - 15TH

"During Fire Prevention week several children will hear about fire safety from their teachers, area fire departments and NC Forest Service. However, as adults we may not unless you have children that come home and tell you what they have learned. We often grow complacent about fire safety issues due to the hustle and bustle of everyday life. Every year in America, over 4000 people die and more than 20,000 are injured in fires. Statistically, that may not sound like very many, but if you've ever met a burn victim, you know that you want to do everything in your power to make your home safe, and prevent the possibility of a fire. Sadly, around 80% of fire deaths occur in homes. What's even sadder is that most of these deaths and injuries could have been prevented, with a few simple safety measures. I encourage you to take a few minutes to review the safety tips in this newsletter, to insure you have done everything possible to protect your family and your home."

-Hertford County Fire Marshal Chris Smith

In this issue

- Fire Prevention Week P.2
- Senior Fun Day P.3
- Departmental Highlights P.4
- 4-H Farm to Fork Day Camp P.6
- What's in Season? P.8
- Employee Spotlight P.9
- Trivia and Games P.10
- Birthdays and Recognitions P.11
- Upcoming Events P.12
- We're On the Move! P.14



 [Print responsibly](#) 

FIRE PREVENTION WEEK

OCTOBER 9TH - 15TH



Safety Tips during Fire Prevention Week

Install and Maintain Smoke Detectors

Smoke detectors warn you of fires in time to let you escape. Install them on each level of your home and outside of each sleeping area according to the manufacturer's recommendations'. Replace batteries twice a year. A Good rule of thumb is when time changes. Also, never disregard detector chirps or remove the battery to shut it up. This is signaling that the battery is dead. Never take the battery out for other uses!

Fire Extinguishers

Keep fire extinguishers readily accessible in your home in case of a fire. Learn how and when to use the extinguisher. Have extinguishers serviced or replace when needed.

Be Careful Cooking

Keep cooking areas clear of combustibles and do not leave cooking unattended. Keep your pot's handles turned inward so children won't knock or pull them over the edge of the stove. If grease catches on fire, carefully slide a lid over the pan to smother the flames and then turn off the burner.

Space Heaters Need space

Keep portable space heaters at least 3 feet from paper, curtains, furniture, clothing, bedding, or anything else that can burn. Never leave heaters on when you leave home or go to bed, and keep children and pets well away from them.

A Match is a Tool for Adults

In the hands of a child, matches or lighters are extremely dangerous. Store them up high where kids can't reach them, preferably in a locked cabinet. Teach your children from the start that matches and lighters are tools for adults, not toys for kids. If children find matches, they should tell an adult immediately.

Use Electricity Safely

If an appliance smokes or begins to smell unusual, unplug it immediately and have it checked and/or repaired. If you use extension cords, replace any that are cracked or frayed and never overload them or run them under rugs. Remember that fuses and circuit breakers protect you from fire; don't tamper with the fuse box or use fuses of an improper size. If you suspect you have an electrical fire, turn off the breaker. This will slow or stop the spread until help arrives.

Prevent Fires Caused by Smoking

Use "fire-safe" cigarettes or smoke outside. If you smoke inside use large, deep ashtrays on sturdy surfaces like a table. Douse cigarette and cigar butts with water before dumping them in the trash.

Practice Candle Safety

The popularity of candles as home decorations in recent years, has resulted in an increase of candle related fires. Never leave a lit candle unattended in any room of the house. Never leave candles burning when you go to bed and never use candles near combustible materials such as curtains, drapes, bedding and cabinets.

Plan and Practice Your escape

If fire breaks out in your home, you must get out fast. With your family, plan two ways out of every room. Fire escape routes must not include elevators, which might take you right to the fire! Choose a meeting place outside where everyone should gather. Once you are out, stay out! Have the whole family practice the escape plan at least twice a year.

Crawl Low Under Smoke

If you encounter smoke using your primary exit, use your alternate route instead. If you must exit through smoke, clean air will be several inches off the floor. Get down on your hands and knees, and crawl to the nearest safe exit.

Post Emergency Numbers

Be aware that if a fire threatens your home, you should not place the call to emergency services from inside the home. It is better to get out and place the call to fire authorities from a safe location outside the home.

Stop, Drop and Roll

Everyone should know this rule; if your clothes catch fire, **don't run!** Stop where you are, drop to the ground, and roll over and over to smother the flames. Cover your face with your hands to protect your face and lungs.

For more detailed information visit these websites:

<http://www.nfpa.org/>

<http://www.befiresmart.com/>

<http://www.usfa.dhs.gov/citizens/>

<http://www.firesafety.gov/>

Feel free to consult my office with fire safety questions at 252-358-7861 or contact your local fire department.



Senior Fun Day



The Hertford County Office of Aging had its First Annual Seniors' Fun Day Event on August 4, 2011. Games, music and food; what could be a better combination for a celebration for our seniors. The event was held in the Baseball field across for the Winton Nutrition Site behind C.S. Brown School. We estimated over 300 people enjoyed the fun. Senator Ed Jones came by to visit and talked with some of the seniors individually on a personal level. That was great. Several of our Hertford County Officials came to participate in the games as well as to be dunked in the dunking booth.

County Commissioner Bill Mitchell was the first to get dunked. County Commissioner Curtis Freeman was also in attendance. County Manager Loria Williams line danced with the seniors, and Assistant County Manager John Rankins assisted the seniors with their golf game. Winton Town Councilman McCoy Pierce extended a helping hand. Winton Mayor Calvin Hall, Ahoskie Mayor Linda Blackburn, and Sheriff Juan Vaughan were in attendance. We appreciate all of them for coming to be with us and enjoying the morning.



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We here at the Hertford County Office of Aging are very appreciative of all that was done to make this day a success and look forward to a bigger better fun day next year.

-Alicia Mitchell, Office of Aging

EMPLOYEE OF THE QUARTER

Hertford County has thus far recognized two individuals, nominated by their peers, who have excelled in the performance of their duties and responsibilities! Nominations for the Fall quarter, 2011, were due to the Human Resources Office on Sept. 30th! After the awards committee has chosen a winner for the fall quarter, The Hertford County Highlights will feature that individual in the upcoming winter issue.



Departmental Highlights

A WORD FROM THE DESK OF THE COUNTY MANAGER ...

Got Morale? “Increased cost of health plan – decrease in services covered by health plan; rising gas prices – shorter vacations; greater expectations at work (do more with less) – patience of those we serve lessening by the day. Everything’s changing, but not your wages. Got Morale? It’s hard to come by in this environment. One of the easiest ways to discover what motivates an employee is to simply ask them. So, I’m asking each of you to ask and answer that question for yourself, and please feel free to share with me (anonymously or in person). You can motivate my fear; and you can motivate by reward, but both of these methods are only temporary. The only lasting thing is self-motivation.”



EMS

Hertford County EMS would like to congratulate John Howell and Brandon Rose on receiving their EMT-Intermediate certifications. John began with us as an EMT-Basic in April 2008. Brandon began with us as an EMT-Basic in September 2009. Both began practicing as EMT-Intermediates in August.

Recently, an agreement was made for Hertford County EMS to begin using the old Ahoskie Rescue Building (located on Pembroke and First St in Ahoskie) as a substation. Once minor clean up/renovations are complete, we will be staging a unit at that location during daytime hours. Currently, we stage that unit at the Ahoskie Fire Department.

Data Center

Virus attacks are always a concern, and due to an increased frequency of attack by data-miner and worm type viruses, the Data Center has chosen a new type of virus detection software that seems to be clearly more effective in detecting and eliminating these types of attacks.

Email has had a recent jump in attachments containing suspicious code, which is indicative of spreading malware. Most users get viruses from opening and running unknown email attachments. Never open anything that is attached to an email message unless you know the contents of the file. If you receive an attachment from a familiar email address, but were not expecting anything, you should contact the sender before opening the attachment. If you receive a message with an attachment and you do not recognize the sender, you should delete the message. If in doubt please contact the Data Center for assistance.

Selecting the option to view your email messages in plain text, not HTML, will also help you to avoid a virus. The Data Center can assist you in making this change.

So here are a few tips to help avoid viruses transmitted through email;

Do not Un-install or disable the anti-virus software on your PC.

- Virus scans are run on Wednesday at noon. Ensure your PC is on at this time so it can be scanned.
- Do not run or download a program you do not recognize.
- Be very careful about accepting files or clicking links that you find or that people send you. It’s a very bad idea to ‘see what it will do’, if you do not recognize or need the link. Make sure data you wish to be backed up is in your My Documents folder, so that in the event of a virus infection, you do not lose valuable work.



If you have questions about any of these alerts, please contact the Data Center at 5702 or 358-7831.

Hertford County Cooperative Extension



Congratulations to.....

Stephanie Parker-Helpkamp, Family and Consumer Science Extension Agent for receiving her Master of Arts Degree in Health Education and Promotions

Kyleen Burgess, NCSU IT Extension, received the Edgar & Ethel Boon Adult Education Professional Development Award (\$1,000)

Melanie Storey, Extension Administrative Secretary was recognized for 15 years of service with North Carolina Cooperative Extension.

Wendy Drake, Agriculture Extension Agent was united in blissful marriage to Adam Burgess on September 10, 2011!

Crystal M. Smith, received Lathan F. Smith, Jr. Award in Excellence, 4-H (\$500).

Vacancies

We are in the process of accepting qualified application for the **Area Small Farms Extension Agent** position; for more information, please visit: <http://www.ces.ncsu.edu/xvacancy/>

As of September 9, 2011, we are without a **4-H Youth Development Extension Agent**.

Hertford County Public Library

Preschool story times are:

October 6 and 20

November 3 and 17

These story times are open to the public.

Groups are welcome, please call 358-7855 for more information and to register.



Social Services

To Hertford County Department of Social Services (DSS) Staff,

Your response to your community after Hurricane Irene, Tropical Storm Nicole, and the April 16th Tornadoes has been **OUTSTANDING!** Three weeks straight (so far) from Irene alone, including 12 hour shift duty, weekend, and evening duty, all while other DSS services must continue. You provided excellent customer service as you operated the shelter, met the early lines at DSS on the Tuesday after the storm, and greeted each customer with a smile during the Disaster SNAP (Supplemental Nutritional Assistance Program) Program.

Service (not job) Well Done!

Your Director, Adonica C. Hampton

Departmental Highlights (cont.)

Soil and Water

The Hertford Soil & Water Conservation District sponsors a Natural Resource Field Day to give 5th graders in Hertford County the opportunity to learn more about our natural resources.

This year the event will be held at the J. L. Storey family farm on October 4. There will be approximately 250 school children in attendance.

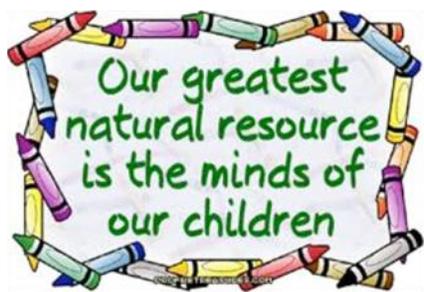


As seen in these photos from previous events, professionals from many different fields of natural resources come to the event to demonstrate the importance of our environment.

The top photo shows the NC Wildlife Resources officer demonstrating the proper use of safety equipment on the water.



The bottom photo shows the Natural Resources Conservation Service Soil Scientist explaining the physical properties of soils.



Hertford County Sheriff Department

Hertford County Sheriff's Office has implemented the Are You OK? Computerized Telephone Calling System. The system is designed for older adults, disabled persons, shut-ins who live alone or anyone in Hertford County who needs to be checked upon daily. There is no charge for the Are You OK? Program. Once you subscribe to the program, a prerecorded message will contact you daily and ask if "Are You OK?" If the subscriber fails to answer the telephone after several attempts or the line is continually busy, the computer will automatically notify the Sheriff's Officer and a deputy will be dispatched to check on that person. If you think you may be interested in subscribing to Are You OK? or need more information please contact Vickie Bond at [\(252\)358-7800](tel:252-358-7800).

Congratulations to.....

Hertford County Sheriff's Office would like to thank Chief Deputy Ronnie Stallings for years of dedicated service. Chief Deputy Ronnie Stallings retired on October 1, 2011.

Office of Aging

Come join the Aerobics Exercise Class at the Hertford County Office of Aging (Winton Nutrition Site) located behind C.S. Brown School. Classes are Monday through Thursday from 5:15 pm – 6:45pm. Come and join the fun line dancing and walking away the pounds. Classes are already in session. Instructor: Alicia Mitchell. For more information contact us at [252-358-7856](tel:252-358-7856). Note: Please check with your doctor before starting any exercise program.



Hertford County Board of Elections

As this message is being written, oppressed people in the world are struggling and dying every day to gain some of the cherished freedoms that many Americans too often take for granted. The most fundamental of those freedoms is the right to vote in free, fair and meaningful elections. The universal right to vote is the means by which a free people govern themselves. Voting is the most basic essential of citizenship. Every voter exercises a public trust. The members and staff of the Hertford County Board of Elections are committed to ensuring that we have honest, fair and efficient elections. They are, after all, the Glory of America.

IMPORTANT DATES FOR 2011 MUNICIPAL ELECTION

1st day to mail Absentee Ballots - October 9, 2011
 Last day to register or update registrations - October 14, 2011
 One-Stop Voting **begins** at the Board of Elections @ 8:30 am - October 20, 2011
 Last day to request Absentee Ballot by mail - November 1, 2011
 One Stop Voting **ends** at the Board of Elections @ 1:00 pm - November 5, 2011
ELECTION DAY - November 8, 2011
 Canvass Date 11:00 am - November 15, 2011



Polls open at 6:30 am & close at 7:30 pm

<u>Polling Place</u>	<u>Name</u>	<u>Address</u>
A1 – Ahoskie 1	Ahoskie Elementary School	200 N Talmage Avenue, Ahoskie
A2 – Ahoskie 2	Ahoskie Old Band Building	701 W Main Street, Ahoskie
A3 – Ahoskie 3	R L Vann School	415 East Holloman Street, Ahoskie
CM – Como	Como Fire & Rescue Building	1201 US 258 North, Como
CO – Cofield	Cofield Town Hall	105 Melton Street, Cofield
HV - Harrellsville	Amanda S Cherry Resource Center	1750 NC 45 South, Harrellsville
M1 – Murfreesboro 1	Murfree Center	201 E Broad Street, Murfreesboro
WN – Winton	Hertford County Office Building	704 N King Street, Winton



4-H Farm to Fork Day Camp



Hertford County youth enjoyed a fun filled week of adventures when they attended the 4-H Farm to Fork Cooking School. The Farm to Fork Cooking School was provided free of charge to participants through funding provided by a grant from the Roanoke Chowan Foundation- Community Benefits Grant Program.



Pictured above are the participants in the 4-H Farm to Fork Cooking School Day Camp during their visit to Jimmy Mason's cucumber farm. Campers included: Zaria Hunter, Zachary Wise, Jessica Futrell, Ebony Chesson, McKensie Vann, Mikaela Lewis, Deezira Vinson, Manuel Vinson, Aly Nygaard, Aby Nygaard, Justen Hunter, JaBria Lassiter, Shaniqua Sutton, Trenton Simmons, Christopher Langston, Jackson Liverman, Tyriek Whitehead, Delexus Vinson and Tyree Whitehead.

This day camp was provided through a partnership between North Carolina Cooperative Extension and the Murfreesboro Parks and Recreation Department. The purpose of this camp was to teach youth about eating healthier foods and understanding the connection of how food goes from the field to their plate. During camp youth learned about hand washing, food safety, cooking basics, kitchen safety, eating locally grown foods, how to eat healthy on the run and how to prepare healthy snacks. Three days of camp included exciting field trips! These field trips included a visit to Jimmy Mason's cucumber farm where youth learned about how to grow cucumbers. Thanks to Hertford County Farm Bureau the children were provided with a great lunch while visiting the farm. Another day of camp was spent visiting the Mt. Olive Pickle Factory. At Mt. Olive youth learned about how they process cucumbers to make pickles. To conclude the field trips for the week youth visited the Pitt County Farmers Market and Lowe's Grocery Store. Campers participated in a scavenger hunt at the Farmers Market. During this visit the children were given the opportunity to learn how to compare the prices and quality to select vegetables which were purchased and used to make healthy snacks during our awards program.

Campers also visited Lowe's Grocery Store to learn about where they can find the healthiest foods in the grocery store and where to find Mt. Olive pickles. During the camp we also had a guest speaker from the Food Bank of Albemarle, Clifton Griffin, who taught the youth about the role of the Food Bank in our community. As a part of the 4-H Hungry to Help Initiative the campers brought in 39 pounds of food to donate to the local food pantry. On the final day of camp the youth made healthy snacks for their families to enjoy during the awards program/graduation. At the awards program the campers performed skits which explained what they had learned during the week of camp. According to the participant surveys 100% of the youth rated the day camp as very good. 100% of the participants also responded that they now understand the process of how food goes from the farm



Farm to Fork Campers make their own individual english muffin pizzas for lunch during the day camp. Pictured above from left to right; Trenton Simmons, Deezira Vinson, McKensie Vann and Stephanie Parker-Helmkamp.

to their plate. When asked about the most important thing that they learned during the day camp the majority of youth responded that they learned how to eat healthier. As a result of their participation in this day camp 68% of the youth plan to eat more fruits and vegetables, 67% of the youth plan to make healthier choices at fast food restaurants and 63% of the campers plan to encourage their families to buy more fruits and vegetables and make healthier choices.



(Continued on Page 7)



4-H Farm to Fork Day Camp (cont.)



This camp was organized and taught by the Hertford County Cooperative Extension Office staff members; Stephanie Parker-Helmkamp, Family and Consumer Sciences Agent; Wendy Drake, Agriculture Agent and Sherry Channell, 4-H Agent. If you would like to learn more about this 4-H Program or any other upcoming events please contact the Hertford County Cooperative Extension Office at 358-7822.



Wendy Drake assists JaBria Lassiter, Deezira and Delexus Vinson as they learn about what to look for as they shop for produce at the farmer's market.

To learn more about other upcoming events become a FAN of us on Facebook at... <http://www.facebook.com/HertfordNCCES>. North Carolina 4-H has over 218,000 youth enrolled in the program as well as over 21,400 youth and adult volunteers. North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.

Sponsored by: Town of Murfreesboro, Farm Bureau and the North Carolina Cooperative Extension

Are you interested in **SAVING MONEY???**

It's Fall! - The fall season is a good time to prepare for the coming winter months. Your insulation will be very important for preventing heat loss especially through the attic. When purchasing new insulation be sure to check the Dept. of Energy website for the proper R-value for the climate you live in. Insulation is measured in R-values, the higher the R-value the better your walls and roof will resist the transfer of heat. Keep the glass on your windows clean, especially the windows facing south. This will allow UV light to heat your house and your HVAC unit to run less. When buying a new HVAC unit, be sure you do not purchase a unit larger than you need and always consider purchasing Energy Star appliances. Energy Star appliances though more expensive than traditional appliances will save you money in operational costs.



-Adam Cox, NCSU Intern with North Carolina Cooperative Extension, Hertford County

Cranberries

Cranberries are at their peak from October through December, which has led to their traditional presence in holiday meals. Today cranberries are as traditional to Thanksgiving as turkey and pumpkin pie.



Cranberries provide about 100 calories per quarter-cup and are a rich source of antioxidants. A compound found in cranberries keeps bacteria from sticking to the walls of the bladder and has been shown to help prevent and treat urinary tract infections. Laboratory studies have also shown that these tiny red berries are anti-carcinogenic, although this finding is not yet verified in human studies.

Although fresh cranberries contain higher levels of beneficial nutrients, cranberry juice and dried or frozen cranberries are easy to include in your daily fare. Cranberries are tart, firm, red and are a great addition to salads, muffins and other baked goods, as well as to compotes and beverages. Try adding one cup of whole cranberries to a dish of bread dressing and warm in the oven until the berries pop. Cooking longer will result in mushy, bitter berries. These bright-red whole berries add attractive color and texture as well as good nutrition. Purchase brightly colored, dark red cranberries. Sort and discard any soft or bruised berries. Refrigerated cranberries can be stored for one month. Try freezing cranberries in an airtight container – either whole or sliced for year-round use.

-Stephanie Parker-Helmkamp, Family and Consumer Science Extension Agent

What's in Season?

Apples

Broccoli

Cabbage

Cucumbers

Grapes

Leafy Greens

Peanuts

Pecans

Sweet Potatoes

Pumpkins

Tomatoes



Healthy Recipe:

Autumn Apple Salad II

Servings per recipe: 4

Directions:

1. In a medium bowl, stir together the apples, almonds, cranberries, cherries and yogurt until evenly coated.
2. Enjoy!



Ingredients:

- 4 tart green apples, cored and chopped
- ¼ cup blanched slivered almonds, toasted
- ¼ cup dried cranberries
- ¼ cup chopped dried cherries
- 1 (8 ounce) vanilla yogurt

Nutrition information per serving:

Depends on brand of yogurt being used. Choosing a low-fat or fat-free vanilla yogurt will make this healthy recipe even better!

-Recipe taken from allrecipes.com website.





Jacqueline White

Social Services

Jacqueline “Jackie” White is a Hertford County native that attended Elizabeth City State University. Her passion for helping others took her to Vance County where she lived for 14 years, and worked with Warren County Department of Social Services for 10 years. Ms. White has a heart of gold and seized an opportunity to give back to the community that gave so much to her when she moved back to Hertford County in 2005 and became a part of the Department of Social Services.

“Never assume that I got it made, I just choose to stand in the light while others choose to stand in the shade.”

During Ms. White’s leisure, she enjoys writing poetry, helping those with a need, and having a good laugh. “Laughter is good for my soul...” she said. Laughter is contagious and should be spread around, “but one should know when to laugh.”

One of the changes needed in Hertford County would be “resources to help clients get the help they need.” When asked to explain, Ms. White gave this example, “the Work First Program requires families to go to work to help become self sufficient...there should be more reliable jobs in the area that pay well to help families get a head start out of poverty.” One thing that doesn’t need to change and she would recommend for all to see and enjoy is the view from a boat ride along the Chowan River.



Tonya Freeman

Sheriff’s Office

Tonya Freeman is a Hertford County native and resides in Ahoskie. Mrs. Freeman resided in Washington, D. C. for ten years after graduating from HCHS and realized that there is truly no place like home. After returning to Hertford County, Mrs. Freeman made the Hertford County Sheriff’s Department her home away from home.

“When you find peace within yourself, you become the kind of person who can live at peace with others.”

When Mrs. Freeman is not hard at work with the Sheriff’s Department or at her church, she enjoys curling up with a good book. Freeman feels “that Hertford County has changed over the years, but is still a friendly community where neighbors help each other and children can play outside safely unlike some cities we read about everyday.”

One thing she would like to see in Hertford County is “more time and energy involving activities with our youth.” Freeman was once a youth in Hertford County and now works for the county and attributes her desire to come back home to her experiences as a youth growing up here. “The youth are our future and we have to instill morals and values in their lives...” said Freeman. “There is no way we can go wrong by investing in the next generation.”

Employee Spotlight



Shirley Powell

Water Department

Shirley Powell is a native of Hertford County and is proud of it. Ms. Powell resides in Ahoskie and enjoys hobbies such as planting flowers, styling hair, and decorating.

While Powell believes that Hertford County is an ideal place to raise a family, she would like to see it have more focus on its youth. “The youth need more things that they can participate in and do for fun.” Powell wishes there was a bowling center, or skating park in this area, to give the youth something to keep them out of trouble and occupied. Even though those things are not readily available, the bright spot for youth is the amphitheater, said Powell. It is at that “outside movie” that youth and their families and others from the communities can come together and enjoy a fun filled activity. This makes “me proud of my county and hopeful that other ideas to encourage youth and family fun will continue.”

“While you live love, while you breathe sing, while you walk dance, while you work shine,



Clarence Williams

Solid Waste

Clarence Williams was born and raised in Harrellsville, NC. Hertford County has been his home and employment place for quite a few years. Working for the county has been a joy, because of the people he comes in contact with. “Jeffery Jenkins is my coworker; I enjoy working with him.”

“I’m a nice, easy going guy.”

In his spare time Mr. Williams enjoys cutting grass, hunting, fishing, and working. Yes, Mr. Williams loves to work and keep things clean.

When asked what he would like to see changed in the county, Mr. Williams said, “I would like to see more restaurants like Red Lobster, Mayflower, or Ruby Tuesday here.” Just as quickly as he made that statement, he let it be known that his county has some must see attractions, but the amphitheater is at the top of his list.



SUDOKU

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		3	6		8		2
9		5		3			
			1		3		
5							1
			5		7		
				4		2	9
4			2		9	8	
6	2						4

Difficult (answers on page 14)

1		2			4			9
				1				8
		4			5		1	3
8		1	2					
			4		7			
						1	6	2
9		8			1		7	
	4					5		
5			7				9	8

Medium Difficult (answers on page 14)

MATH MAGICIAN?

THINK OF A NUMBER.

ADD 7 TO IT.

SUBTRACT 2.

SUBTRACT YOUR ORIGINAL NUMBER.

MULTIPLY BY 4.

SUBTRACT 2.

OR JUST PLAIN PSYCHIC?

TURN TO PAGE 14 TO SEE IF I'VE GOT THE SAME ANSWER AS YOU!!!

HERTFORD COUNTY TRIVIA

Q: Where in Ahoskie was the first Putt-Putt Miniature Golf course located?

Q: In what year did Hertford County take over and operate Parker's Ferry as a public ferry?

GET RECOGNIZED! BE THE FIRST TO ANSWER BOTH THESE TRIVIA QUESTIONS CORRECTLY! EMAIL YOUR ANSWERS TO:

IVY.BOYCE@HERTFORDCOUNTYNC.GOV

JOSEPHINE.GREEN@HERTFORDCOUNTYNC.GOV

Congratulations to the following individuals for correctly answering last quarters Hertford County Trivia!

Debra Myers, Debbie Cobb,

Bill Early, Kimberly Beale,

& Rebecca Davidson



HAPPY BIRTHDAY



OCTOBER

BETTY MASSIE
 CHESTER RIDLEY
 CINDY LASSITER
 CLAUDE R BLYTHE
 GAY SUMNER
 GWEN COOPER
 JAMES LIVERMAN
 JOHN HOWELL
 JOHN RANKINS
 KATIE FENNELL
 KITTY ASKEW
 LAQUITA HOWARD
 LATASHIA NEWSOME
 MARGARET WATSON
 PATRICIA GRANT
 PATRICIA NIXON-VANN
 RACHEL ASKEW
 STANLEY LASSITER
 VANESSA SMALLWOOD
 VICKIE BOND
 VICKIE HOLLAND
 WILLIAM LIVERMAN

NOVEMBER

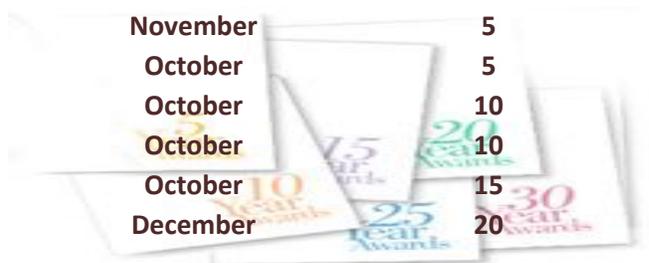
ANGELA FITZHUGH
 BENJAMIN OLIVER
 BRENDA FAISON
 DOTTIE ROBERSON
 GREG HUGHES
 JEFFREY JENKINS
 JOHNNIE FARMER
 JULIA PERRY
 KATHY RICHMOND
 LISA POPE
 LYNN GRULLON
 MELISSA BYRD
 ROBYN NUNNALLY
 SANDRA BISHOP
 THOMAS HELMS
 THOMAS LINDSAY
 VALERIE WOOD
 WILLIAM S EARLEY

DECEMBER

BRENDA JONES
 CANDI WILSON
 CHRIS SMITH
 CRYSTAL ASKEW
 DAPHNE LEE
 DAVEY GASTON
 DEBBIE BRINKLEY
 DONTA SPIVEY
 GARY HOYLE
 GILBERT STEPHEN
 JOHN BRITT
 JONATHAN MORRIS
 KISHA MELTON
 MARY SUE PERSON
 MATTHEW BRADLEY
 ROBBIN STEPHENSON
 VELMA PERRY
 WILLIAM RICHARDSON

THANK YOU FOR YOUR YEARS OF SERVICE

EMPLOYEE NAME	DEPARTMENT	Month	YEARS OF SERVICE
KIMBERLY BEALE	SOCIAL SERVICES	December	5
BRENDA PRIVOTT	JAIL	November	5
PHYLLIS KAYLOR	FINANCE	November	5
TAMMY PILAND	SOCIAL SERVICES	November	5
LINDA FREEMAN	SOCIAL SERVICES	October	5
GWEN COOPER	SOCIAL SERVICES	October	10
MELVIN NICHOLS	PUBLIC WORKS - WATER	October	10
ANDRE JONES	VETERANS OFFICE	October	15
CLIFTON BOYD	SOLID WASTE	December	20



Recognizing those employees with 5 year increments of service

Calendar of Events

OCTOBER

October – Financial Resource Management Workshops. Contact the Cooperative Extension Office at 358-7822.

October – Tae Kwon Do classes at Viquet for ages 7 and up. Contact Viquet at 209-3090 for more information.

October 1st – 31st - Sign Up and Registration for youth basketball (ages 6-15) Contact the Town of Ahoskie's Parks and Recreation Department.

October 6th – Aging with Gusto. Contact the Hertford County Cooperative Extension Office at 358-7822.

October 7th – Senior Breakfast Club in the Chowan Room at RCH

October 8th – Annual Building Quality Child Care Conference. Contact the Hertford County Cooperative Extension Office at 358-7822.

October 8th -9th – A reenactment of the Civil War in North Carolina will be held in the Historic District in Murfreesboro. If you are a reenactor and would like to participate, give us a call at (252) 398-5922.

October 9th – 15th – Fire Prevention Week

October 13th – 22nd – NC State Fair in Raleigh

October 15th - Pass It On Ministry Clothing Giveaway at Winton First Baptist Church at 515 S. Main St, Winton from 9:30-11:00 and movie day, games and refreshments for the youth at 3:00.

October 16th – Nutrition 101 class at Viquet at 6:30. Free Members/\$5 Non-Members. (Register at front desk)

October 18th – Eat Smart, Move More, Weigh Less (6 week follow-up program) Contact the Hertford County Cooperative Extension Office at 358-7822.

October 19th – There will be a blood drive at Union Baptist Church from 12:00 – 3:00.

October 20th – Flu Shot from 10:00 am to 2:00 pm at the Health Department in Winton. You and your family members, age four (4) and over, are invited to participate, because vaccination is the best protection from the flu. (Children under age four (4) must receive shots from their primary care physician.) You will be required to bring your BCBSNC ID Card, a photo ID and sign a consent form before receiving the flu shot. Cost per employee: \$0.00 (if covered under BCBS insurance plan). Cost per family member: \$30.00 (if NOT covered under employees' insurance plan).

October 20th – Women in Agriculture. Contact the Hertford County Cooperative Extension Office at 358-7822.

October 20th – Diabetes Support Group meeting at Viquet at 6:00

October 20th - Music Event - Fall Choral Concert at 7:30 pm in the Turner Auditorium

Hertford County Highlights

ISSUE 02 October 2011

October 21st – 22nd – Homecoming at Chowan- go to www.chowan.edu/event-information for details

October 21st -23rd - Meherrin Pow-Wow

October 22nd – 10:00am - Nurses Reunion go to www.chowan.edu/event-information for details

October 22nd - 6:00pm - Hawks Football vs. Shaw

October 27th – Cooking with Charlie at Viquet at 6:30. \$10 Members/\$12 Non-Members.

October 28th - Annual Harvest Fest - Hawks Nest - 5:30 pm - 7:00 pm

October 29th – CU Visit Day - go to www.chowan.edu/event-information for details

October 31st – Halloween Carnival and Hayride at the Town of Ahoskie gym starting at 6:30.

NOVEMBER

November – Basketball clinics and workshops. Contact the Town of Ahoskie's Parks and Recreation Department.

November - Tae Kwon Do classes at Viquet for ages 7 and up. Contact Viquet at 209-3090 for more information.

November 4th – Progressive Ag Farm Safety Day, Storey Farms. Contact the Hertford County Cooperative Extension Office at 358-7822.

November 4th – Senior Breakfast Club in the Chowan Room at RCH.

November 4th – Soup and Sandwich Fall Bazaar at Eure Vol. Fire Dept.

November 4th – 6th – Simply Divided – A new comedy by Jeff Lovett will be at the Gallery Theatre.

November 5th - Pass It On Ministry Clothing Giveaway at Winton First Baptist Church at 515 S. Main St, Winton from 9:30-11:00.

November 11th – Veteran's Day Parade on Main St in Ahoskie starting at 10:00 a.m.



Calendar of Events (Cont.)

November 12th - CU Visit Day - go to www.chowan.edu/event-information for details.

November 15th - Annual Soup & Sandwich Sale from 11:00 - 2:00 at the Murfreesboro Community Center on Broad Street. Tickets are \$7.00. Proceeds benefit the Murfreesboro Historical Association (MHA). Special tribute to all US military veterans. The meal consists of a bowl of homemade vegetable soup, crackers, a pimento cheese sandwich, iced tea or coffee and dessert. Eat-in or take-out. Delivery service available for groups. (Please call the MHA office at (252) 398-5922 no later than Wednesday, November 6th to arrange for group delivery). Tickets may be purchased in advance from the MHA office at 116 North Main or any MHA Board member.

November 16th - GIS Day. Contact Land Records at 358-7809 for details.

November 17th - Diabetes Support Group meeting at Viquest at 6:00

November 19th - Pass It On Ministry Clothing Giveaway at Winton First Baptist Church at 515 S. Main St, Winton from 9:30-11:00 and movie day, games and refreshments for the youth at 3:00.

November 20th-26th - National Farm-City Week

November 21st - Music Event - Chowan Winds Fall Concert at 7:30 pm at Turner Auditorium

November 29th - Music Event - Meherrin Chamber Orchestra Fall Concert at 7:30 pm at Turner Auditorium



DECEMBER

December - Tae Kwon Do classes at Viquest for ages 7 and up. Contact Viquest at 209-3090 for more information.

December - Youth basketball games and practices are held Monday - Thursday. Games are held from 9:00 am - 3:00 pm each Saturday.

December 2nd - Senior Breakfast Club in the Chowan Room at RCH

December 3rd - Pass It On Ministry Clothing Giveaway at Winton First Baptist Church at 515 S. Main St, Winton from 9:30-11:00

December 4th - Music Event - Christmas at Chowan at 3:30 pm in the Turner Auditorium

December 5th - Music Event - Christmas Choral Concert at 7:30 pm in the Turner Auditorium

December 5th - Christmas Tree Lighting and Caroling from 6:30-7:30 pm at No Man's Land Park on Main St. in Ahoskie.

December 8th - 9th - "*Home for the Holidays*" is the theme for the 26th Anniversary of the [Candlelight Christmas Tour](#). The tour will run from 4:00 - 8:30 and tickets are \$27.00 per person. **Tour Features** - 12 Stops in historically significant structures, Traditional holiday food in each venue, Complete sit down Christmas dinner, Horse-drawn carriage and tram rides in the Historic District, Beautiful seasonal decorations representing Christmas through the years, Musical entertainment at each site.

December 10th - Christmas Parade starting at 10:00 am on Main St in Ahoskie.

December 10th - CU Visit Day - go to www.chowan.edu/event-information for details

December 17th - Pass It On Ministry Clothing Giveaway at Winton First Baptist Church at 515 S. Main St, Winton from 9:30-11:00 and movie day, games and refreshments for the youth at 3:00.

December 22nd - Diabetes Support Group meeting at Viquest at 6:00

December 23rd, 26th, 27th - Hertford County Offices will be closed for the Christmas Holiday

December 29th - Cooking with Charlie at Viquest at 6:30. \$10 Members/\$12 Non-Members.



If you have an interesting story, event or subject you would like the Hertford County Highlights to cover, please contact one of the following committee members: Crystal Smith, Crystal Askew, Cindy Barber, Sandy Brock, Josephine Green, Ivy Boyce, Alicia Mitchell or Sara Turner.

*Press Release -
We're on the
move!*



MURFREESBORO, N.C. Jan.24,2011/PRNewswire? —

GreenCo Solutions and North Carolina Electric Membership Corporation will purchase renewable energy certificates and electricity, respectively, from a new solar project Duke Energy is acquiring from SunPower in Hertford County.

Groundbreaking at the 6.4-megawatt (DC) Murfreesboro Solar Project (equivalent to 5 MW AC) is expected this spring. When completed in late 2011, the solar farm will be capable of generating enough electricity to power about 700 average-sized homes.

GreenCo Solutions, a company owned by 22 electric cooperatives, will buy all renewable energy certificates (RECs) generated by the facility to assist its members in meeting their solar power requirement under the state's Renewable Energy and Energy Efficiency Portfolio Standard (REPS). GreenCo executed a 20-year purchase agreement with Duke Energy Renewables, a newly renamed part of Duke Energy's unregulated, commercial business.

The electricity produced by the solar farm will be purchased by NCEMC, the power supply organization for the majority of the state's electric cooperatives, under a 20-year agreement.

Duke Energy Renewables acquired the Murfreesboro project in December 2010 from SunPower Corp., which designed and will build the solar photovoltaic system. SunPower will mount nearly 20,000 high-efficiency crystalline silicon panels at the site on SunPower T0 Tracker® technology. T0 Trackers use a global positioning satellite system to follow the sun's movement during the day. This increases sunlight capture by up to 25 percent over conventional fixed-tilt systems, while significantly reducing land use requirements.

"We are pleased to announce our participation in one of the state's largest solar projects," said Rick Thomas, CEO of NCEMC and GreenCo Solutions. "This project will provide 20 years of clean, renewable electricity to our members and help GreenCo cooperatives meet the solar requirements of the N.C. REPS."

"Duke Energy Renewables is committed to helping our valued customers incorporate renewable energy into their long-term plans," said Greg Wolf, Duke Energy Renewables president. "Through this power purchase agreement, GreenCo and NCEMC's member cooperatives have locked in renewable energy certificates and a supply of affordable, zero-emissions electricity for decades to come."

"Solar photovoltaic technology is a reliable, cost-effective energy resource that can be installed anywhere – from rooftops to power plants," said Howard Wenger, president of SunPower's utility and power plants business group. "SunPower's world-leading high-efficiency technology and history of reliable performance will maximize the solar energy delivered to NCEMC's customers."

The solar farm will be constructed on roughly 37 acres of leased land near Murfreesboro, which is approximately 120 miles northeast of Raleigh, N.C.

The Murfreesboro Solar Project is Duke Energy Renewables' third commercial solar farm in North Carolina and fourth nationwide. Duke Energy Renewables' initiatives are separate from the activities of Duke Energy Carolinas, which is part of Duke Energy's regulated business.

8	1	2	4	9	5	6	3	7
7	4	3	6	1	8	9	5	2
9	6	5	7	3	2	1	8	4
2	8	4	1	6	3	7	9	5
5	7	6	9	8	4	3	2	1
3	9	1	5	2	7	4	6	8
1	5	8	3	4	6	2	7	9
4	3	7	2	5	9	8	1	6
6	2	9	8	7	1	5	4	3

Difficult SuDoku Solution

1	8	2	3	7	4	5	6	9
3	9	5	1	2	6	4	8	7
6	7	4	9	5	8	1	2	3
8	5	1	2	6	9	3	7	4
2	6	9	4	3	7	8	5	1
4	3	7	5	8	1	6	9	2
9	2	8	6	1	3	7	4	5
7	4	3	8	9	5	2	1	6
5	1	6	7	4	2	9	3	8

Medium Difficult SuDoku Solution



Math Magician - Your final answer is 18!